



Why do jack-o-lanterns have silly smiles on their faces?  
You would too if you just had all your brains scooped out!

What does a pumpkin sew?  
A pumpkin patch

What's black, white, orange, and waddles?  
A penguin with a jack-o-lantern

What did the pumpkin say after Thanksgiving?  
Good-pie!

What's the pumpkin's favourite sport?  
Squash

## Fun Facts



Pumpkins are good for you – they contain vitamin A for your eyes.

Pumpkin flowers are edible.

The largest pumpkin ever grown weighed over 1,000 lbs!

In pioneer days, pumpkins were used in the pie crust, not the filling.

## Yummm...

### Pumpkin Apple Butter

1-3/4 cups canned pumpkin  
1 cup apple juice  
1 large apple, peeled and grated  
1/2 cup packed brown sugar  
3/4 teaspoon cinnamon  
1/4 teaspoon nutmeg

Combine all ingredients in a medium-size saucepan. Bring to a boil, then reduce heat to low and simmer 1-1/2 hours, stirring occasionally. Pour into a container – cover and chill. Can be stored in fridge for up to two months. Good on muffins, toast, crackers, etc. (Makes 3 cups)

