

Disappointed?



Have you ever really **wanted to succeed** at something? Imagine you're going surfing. You've gotten yourself in shape, you've waxed and readied your board, and you've been working on your balance with exercises. **Now you're ready.** You head out to the beach and paddle out on your board. You're ready for the wave. **Here it comes.** You stand up confidently, ready to ride. And **WHAP!** The wave slams into you and knocks you flat. **You're stunned as you watch it go right past you as if you didn't exist.** *That's disappointment.*

You want something. You work for it.

You do your best. Then it doesn't work out.

Maybe you didn't pass a **math test** that you studied hard for, or you didn't make the **basketball team**, or you lost a **competition**.

You did your best, but it didn't work out.

You're disappointed. It feels terrible.

Disappointment happens to everyone.

Even **Jesus Christ** – God's Son – knew disappointment. Jesus did His best for His friends but many turned against Him when He was about to be crucified.

He must have felt awful. But Jesus came through it, and He won in the end.

What can we learn from Him?

- ❖ Jesus knew He wasn't a failure – He did what God wanted, and He did His best. If you do the right thing and do your best... that's real success.
- ❖ Jesus allowed God to strengthen Him. Sometimes God take us over rough roads to make us stronger – to polish us up like fine diamonds.
- ❖ Jesus knew God's timing was perfect. Maybe the thing you want right now isn't best for you. God may be preparing the best blessing in secret – and you're going to love it!



Meanwhile, here are some things you can do:

- ❖ Ask God to give you peace.
- ❖ Distract yourself – visit a friend, learn a new craft, help your Mom or Dad. Keep busy with good things and the disappointment fades quickly.
- ❖ Enjoy challenges. If you do, you've already won.
- ❖ Say out loud, "God has something better for me!" Believe it!

"For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future." – Jeremiah 29: 10-12