

A Brand New Me!



It's a New Year!
A year full of promise
and fresh opportunity.
That should make us
feel energized.

But what if you don't feel full of energy?

The Lord God knows that even young people
can feel exhausted sometimes.

"Even youths grow tired and
weary..." - *Isaiah 40:30*

This isn't always a physical
tiredness — though it may be.



It's a spiritual weariness. A dreariness.
An exhaustion that fills the heart and soul.

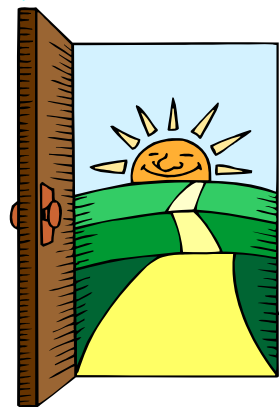
If you feel like that, think about these truths from the **Word of God**...



- ❖ God cares about how you feel. His compassion for you is fresh each day. (*Lamentations 3:23*)
- ❖ Jesus Christ, God's Son, can make you into a new creation, full of life. (*2 Corinthians 5:17*)
- ❖ God's Holy Spirit prepares your heart to receive this new life. (*Matthew 9:16*)
- ❖ He cleans out the tiring clutter in your spirit. (*Ezekiel 18:31*)
- ❖ He helps you to "put on" the new you. (*Ephesians 4:24*)

Because of Jesus Christ, who is our Saviour, you can give up spirit weariness, and be filled to the brim with His power.
You become a **Brand New You**.

"But those who hope in the LORD will renew their strength.
They will soar on wings like eagles; they will run and not grow
weary, they will walk and not be faint." - *Isaiah 40:31*



A HAPPY
NEW YEAR