

Have you ever seen a knight in *shining atmout?* Probably only in pictures, since most soldiers don't dress in heavy metal anymore.
But did you know there is an *atmout* waiting *for you?* Why do you need it? Because if you're a child of God, *Satan is going to fight you*,

In the Bible, God used the image of armour to teach us how to fight Satan. Satan wants us to fail and be miserable. We can't fight him in our own strength, so God gaves us something very special: Spiritual Armour,

"Therefore put on the **full armour** of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand."

Just what is this **FULL ARMOUR?**



"Stand firm then, with the **belt of truth** buckled around your waist..."

Satan loves to fool us – telling us lies such as God doesn't exist, or God doesn't care about you, or that you can get to heaven without trusting in the Lord Jesus Christ. But God helps you to know the truth, and to see right through Satan's lies. God gave us the Bible, which is all truth ...and nothing but the truth.

"...with the breastplate of righteousness in place..." God can keep His children from stealing, lying, or saying mean things to other people. Doing what's right is the best defense against anyone who says bad things about you. Satan loves to tempt us to do wrong things that break God's laws, and he is happy when we suffer because of them.

"...and with your feet fitted with the readiness that comes from the gospel of peace."

It's harder for Satan to hit a moving target. God wants us to get moving and tell others about Him. Tell your family – tell your friends. Go to your city, your country, or to the rest of the world – wherever people need to hear that the Lord Jesus can help them. Put on your gospel shoes and get into action! "In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one."

God says we can do all things through Christ. He will always help us – we just need faith. Satan hates for us to find this out because he doesn't want us to do important things for God. Satan doesn't want us to do well in life either. But God says to have



faith, which is like a shield that Satan's arrows can never get through.

"Take the helmet of salvation..."

Satan loves to mess with your mind – with drugs, with alcohol, and many other harmful things. He knows that if he can control your mind, he's got you! The Lord Jesus protects your mind – He protects your mind, your soul, all of you.

"...and the sword of the Spirit, which is the word of God."

God gives you one offensive weapon to attack Satan – His Word. When you memorize Bible verses and use them against Satan, they cut him down every time! That's what Jesus always did. So memorize those verses!

Wow, this is some kind of armour!

But some of God's children let their armour get a little dull and rusty. They don't pray, or study God's Word, or listen to His voice. Make sure your armour is polished up, shiny, and in top shape.
But first, remember to <u>put it on</u> !! Armour is only useful if we wear it.

Lord, help me to keep my spiritual armor bright, shiny, and beautiful -- so that I will win all my battles against evil

Read Ephesians 6: 13-17