

Lookin' Good



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If your best friend asked you what she should do to look her best, what would you tell her?
You might say...

- ❖ Put on a little makeup!
 - ❖ Work out to lose a few pounds.
- ❖ Act confident.
 - ❖ Get some amazing clothes.
- ❖ Try to be like me!

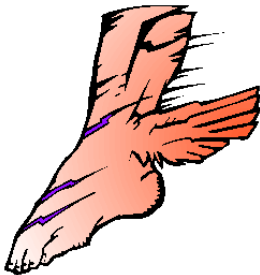
But think about this:

Is looking good – or being beautiful – just a matter of what you put on your face?
Or how slim you are? Or how confident you are?

What does God think about beauty?
Look at what His Word (the Bible) says about what it means to be beautiful.

Is beauty being pretty? God's Word says:
"Instead, it should be that of your inner self, the unfading beauty of a gentle and quiet spirit, which is of great worth in God's sight. For this is the way the holy women of the past who put their hope in God used to make themselves beautiful." 1 Peter 3:4-5

Is beauty having an attractive body or being athletic?



God's Word says:

"How beautiful on the mountains are the feet of those who bring good news, who proclaim peace, who bring good tidings, who proclaim salvation..." Isaiah 52:7

Is beauty having a charming personality?

"Charm is deceptive, and beauty is fleeting; but a woman who fears the LORD is to be praised." Proverbs 31:30

Is beauty having gorgeous clothes?

"And why do you worry about clothes? See how the lilies of the field grow. They do not labor or spin." Matthew 6:28

Is beauty having a pretty house?

*"One thing I ask of the LORD,
this is what I seek:
that I may dwel in the house of the LORD
all the days of my life,
to gaze upon the beauty of the LORD
and to seek Him in His temple." Psalm 27:4*



So beauty isn't about how we look or what we have. Those are outer things. God looks at our inner self – to see if we love Him and if we care about other people.

God knows that real beauty comes from Jesus Christ and from Him alone. There is no beauty without Jesus in our lives. But with Him, beauty is complete and perfect.

So we are to look at Him – to gaze upon Him.
When you do that, your body becomes like a mirror
that reflects
God's beauty back to the world.
He makes you beautiful from the inside out.
That beauty never fades, but gets better all the time!

Now, that's looking great!!

