

Knowing GOD Is There

– Lessons from the Trampoline –

Is **God** really with me?

Sometimes it may seem that God is far away, or not interested in my daily life. I go to school, play with my friends, do my chores, and live my life...

But it feels that I do them on my own. It may not feel like the Lord is really involved.



It might help to think of our walk with the Lord God as a little like being on a trampoline.



Trampolines are great adventures. You might know their terminology — words like **jump, twist, somersault, crash dive, and lazy back**. Amazing feats are done on trampolines. And when springing upwards, you can almost imagine you're flying! Landing sets you up for another jump as you enjoy the momentum of moving.

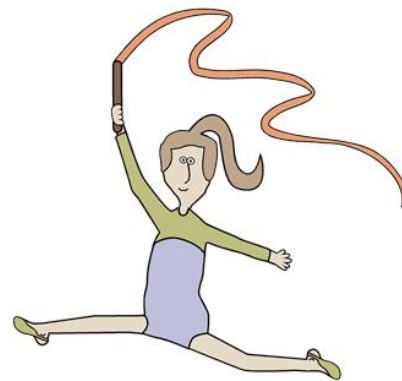
None of that would be possible if not for the tough construction of the trampoline itself.

A trampoline has a **strong elastic fabric** stretched tightly over a **steel frame** and attached to **coiled springs**. For safety, an **enclosure net** is used to keep you within bounds — so you don't accidentally fall off and hurt yourself!

The support and springiness of the fabric allows you to leap over and over again. The net keeps you safe. And the fabric protects you when you fall. When you're in the air, you're probably not thinking of the fabric — you certainly can't feel it, but it is always there, ready to catch you.

It's a lot like that with **God**. He is the One who supports us and gives us the **buoyancy** to leap into challenges. He is always ready to catch us,

though we may not "feel" Him when we're in the motion of everyday life. Most importantly, He **guards** us and **holds** us close within the net of His love.



God is with us always: in "ordinary" times, in spectacular feats, and in the falls.
God is there whether or not we feel His presence.
And that's something for which we can jump & celebrate!



The eternal God is your refuge, and underneath are the
everlasting arms. — *Deuteronomy 33:27a*